

*City of East Orange*  
*Department of Health and Human Services*  
*143 New St.*  
*East Orange, New Jersey*

**June 2015**

**National/Local Health Observances/Contact Information**

**National Trails Day – June 6, 2015** The **HIKE** Kick-Off(**Health Initiative to Keep Exercising**) is open to everyone with an interest in maintaining a healthy lifestyle. “The **H**Health **I**Initiative to **K**Keep **E**Exercising is an East Orange Urban Trail marking historical and noteworthy sites within the City designed to encourage walking. This collaborative initiative is headed by the East Orange YMCA Director, Ernest Bryant, with a team of community professionals called the **Healthier East Orange Coalition**. Current members of this coalition include East Orange YMCA, East Orange Health & Human Services, East Orange General Hospital, East Orange Police Department, East Orange Historic Society, East Orange Recreation Department, East Orange School District, Clergy of East Orange, American Diabetes Association, Prodigal Son’s and Daughter’s, America’s Grow-A-Row, ShopRite and the Office of the Mayor for the City of East Orange. The walk will begin at 8:00am. “(see attached flyer).

**Annual Free Rabies Clinic –June 13, 2015**- Elmwood Ave. Fire House, 205 Elmwood Ave. 12:00 pm to 3:00 pm. Call 973-266-5109 for additional information . (See attached N.J. State Health Department Rabies Advisory)

**World Blood Donor Day –June 13, 2015** -“**Thanks**” to all participants and supporters of The Gary Branch Blood Drive held May 20, 2015. SPONSORED BY CITY OF EAST ORANGE IN LOVING MEMORY OF MR. GARRY BRANCH. Take advantage of additional opportunities to donate lifesaving blood.

The Blood mobile from THE BLOOD CENTER OF NEW JERSEY , will be at multiple locations throughout New Jersey :Go to : <http://www.bloodnj.org/drives.htm> or call 1-800-NJBLOOD 1-973-676-4700

To donate blood, please note the following:

All new blood donors must know their S.S # and present signed ID.

All repeat blood donors must present signed ID.

All blood donors must weigh 120 lbs. or more. Please eat a full meal and drink plenty of water prior to donating.

For questions on medications and travel restrictions please call (973) 676-4700 ext. 132 or 198 Monday – Friday 9am – 5pm.

To schedule an appointment please click on the link:

<https://www.membersforlife.org/bcnj/mobilesch/login.php?cid=33630>

1. Click on the link fill out email address, birthdate, month, date and year then click login.
2. Click on blood drive date then select desired time slot click there then scroll down and click on confirm appointment.

or call 973-266-5429 for information

**National Men's Week June 15 through 21, 2015-** Free Men's Prostate Screening Clinic – ***Pre-registration required*** - DRE and PSA with colorectal cancer screening for uninsured, underinsured community members. Please call for an appointment-973-266-5463/5434/5429/5480

**World Sickle Cell Day –World Sickle Cell Day- June 19, 2015-**“Sickle Cell Disease (SCD) is the most frequent genetic disease worldwide. It is present on four continents: in sub-Saharan Africa and in the Maghrib, in Asia (Middle-East, Arabic peninsula, India), in the Americas, on the North (USA), Center (Guatemala, Caribbean islands), and on the South (Brazil, Surinam, Guiana), in Southern Europe (Southern Italy and Sicily, Greece, Turkey). It is estimated that 500.000 are born every year with this severe and invalidating condition and that 50% of them will die before the age of 5 years. Trans-continental, SCD is also trans-ethnic and affects black populations from African origin and Arabic, Indian and Caucasian populations from Southern Europe.” Source: NHO ([www.worldsicklecellday2014](http://www.worldsicklecellday2014)).

**June 13, 2015** -In support of children affected by Sickle Cell Disease, The Valerie Fund (a local resource and support organization for children with Blood Disorder's and Cancers) is hosting a walk in Verona Park, Verona, New Jersey on June 13<sup>th</sup> 2015. To register or for information, go to: <https://www.thevaleriefund.org/Walk2014/index.php> or contact: **The Valerie Fund** 2101 Millburn Avenue, Maplewood, NJ 07040 **Phone:** 973-761-0422 | **Fax:** 973-761-6792 **Tina Kaplan**, Walk Campaign Coordinator Phone Ext: 17 | Email: [tkaplan@thevaleriefund.org](mailto:tkaplan@thevaleriefund.org)

**Additional information concerning sickle cell disease and treatment resources contact:**

**The Donna T. Darrien Sickle Cell Foundation @ <http://www.dtsicklecell.org/> or 973-282-1997/973-754-7830**

They an Annual Awareness Walk every year on the third Saturday in September .This year the date is September 19, 2015 at Weequahic Park, Newark. Registration begins at 8:30 am

**Or state and federal resources at the following addresses:**

- [www.barnabashealth.org/services/valerie\\_fund/](http://www.barnabashealth.org/services/valerie_fund/)
- [www.barnabashealth.org/hospitals/newark\\_beth\\_israel](http://www.barnabashealth.org/hospitals/newark_beth_israel)
- [www.cinj.org/treatment](http://www.cinj.org/treatment)
- [www.tcikids.com/](http://www.tcikids.com/)
- [www.healthynj.org/diseases/sicklecellanemia.html](http://www.healthynj.org/diseases/sicklecellanemia.html)
- [www.state.nj.us/health/fhs/sicklecell/](http://www.state.nj.us/health/fhs/sicklecell/)
- <http://worldsicklecellday.webs.com/>

**National HIV Testing Day – June 27, 2015**–National HIV Testing Day (NHTD) is an annual campaign coordinated by the National Association of People with AIDS. It is held to encourage people of all ages to **"Take the Test, Take Control."** Counseling and FREE testing is available at the Health Department, Monday through Friday. “Walk-in” or call for an appointment @ 973-266-5454.

Educational materials, activities and community resources for the above health topics are available through

Health Education at the Health Department . Call 973-266-5429 or email [Karen.LaRussa@eastorange-nj.gov](mailto:Karen.LaRussa@eastorange-nj.gov)

**Fourth Annual Community Health Fair -Temple of Unified Christians Brick Church of East Orange-  
June 27th 2015-11:00am to 3:00 pm**,7 Prospect St. A day of Solidarity, Unity, and New Knowledge for a Brighter and Healthier future” is this year’s theme.(flyer attached)

**\*\*\*\*\*Highlighted Health Department Services\*\*\*\*\***

East Orange Childhood Lead Poisoning Prevention Program’s

**LEAD POISONING PREVENTION HOTLINE-**

If you have a child age 6 yrs. or under and live in a pre-1978 apartment or home with a peeling or chipping paint, call (973)266-5489 Ext. 5198

**Webinar Series**

**Lung Cancer and Immuno-Oncology- Second Part- June 9, 2015-1:30 pm to 2:30pm**

**Update on the Treatment of Pancreatic Cancer –June 10, 2015, 1:30 pm to 2:30 pm**

**Treatment Update on Liver Cancer –June 15, 2015- 1:30 pm to 2:30 pm**

**American Society of Clinical Oncology Annual Meeting:Your Guide to the Latest Cancer Research and Treatments –June 11, 2015 and June 16, 2015 -1:30 pm to 3:00 pm**

**New Perspectives in the Treatment of Renal Cell Cancer –June 18, 2015-1:30 pm to 2:30 pm**

**Gastric Cancer:Current Perspectives and Treatment Options-June 22, 2015-1:30 pm to 2:30 pm**

To register for any of these sessions offered via webinar or telephone, call; 1-800-813-HOPE (4673) online registration is available at : [www.cancercare.org/connect](http://www.cancercare.org/connect) . CancerCare provides local services to people living with cancer and their caregivers such as meals and transportation to medical appointments. Call or email for viewing at the Health Department or contact information for the supplementary services: 973-266-5429 or [Karen.LaRussa@eastorange-nj.gov](mailto:Karen.LaRussa@eastorange-nj.gov)

**Health awareness and promotion programs and materials available** for the above subjects and other topics. For information and handouts for individuals, groups or organizations, send your request via email @ [Karen@ci.east-orange.nj.us](mailto:Karen@ci.east-orange.nj.us) or call: 973-266-5429.

**Helping Children Cope with Disaster**-Resource booklet to help children deal with catastrophic events in their lives. This includes unusual weather events and sudden traumatic deaths. Additional materials available at; Ready.gov, Fema.gov, redcross.org

**Additional Health Department (Clinical) and Community Events**

**Service Highlight: Free Women’s Mammogram Clinic- October 15, 2015-Pre-registration required.**

Cervical and colorectal cancer screenings for community members that are uninsured or underinsured. Additional screenings for HIV and blood pressure will be available. The next clinic date is: **October 15, 2015**, please call for an appointment- 973-266-5463/5434/5429/5480.

**Women Infant's and Children's Program (WIC)** - 185 Central Ave. Program registration with WIC nutritionists educating families concerning healthful topics each month. There are ***new office hours*** to help working families meet program requirements. Call for information on topics, extended program hours or how to apply for "WIC" at 973-395-8960.

The **AARP Driver Safety Program** is now available in **East Orange**. Learn defensive driving techniques, new traffic laws and "rules of the road". Insurance discount may be applicable after course completion. To register call 973-266-5429 or email [Karen@ci.east-orange.nj.us](mailto:Karen@ci.east-orange.nj.us)

**Food Manager's Certification Class**- Call for information or registration: 973-266-5109.

**Adolescent and Adult Vaccine Quiz:** Did you know that certain vaccines are recommended for adults and adolescents?\* Take the quiz at [www.cdc.gov/vaccines/events/niam/default.htm](http://www.cdc.gov/vaccines/events/niam/default.htm) find out which vaccines YOU may need. This quiz provides information for people age 11 years and older.

***Center for Disease Control (CDC) Health Alerts***

**Overview**

Sign up now to have important health information and tips delivered directly to your mobile phone or computer @ [www.cdc.gov](http://www.cdc.gov) or call 1-800-232-4636

